

DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian

Dessert

Sweet Options

MONDAY

Chicken Pasta Bake

Sliced Chicken with Penne Pasta & Sweetcorn in a Rich Cheese Sauce

Veggie Bolognese

Vegan Mince, Vegetable & Tomato Sauce with Whole Wheat Spaghetti

Chocolate Krispy Bar

Rice Krispies Mixed with Chocolate Syrup

TUESDAY

Spaghetti Bolognese

Lamb Mince, Vegetable and Tomato Sauce with Whole Wheat Spaghetti

Vegetable Chow Mein

Stir Fried Vegetables With a Light Soy Sauce

Rock Cakes

An Individual Cake with Sultanas and a Crunchy Topping

WEDNESDAY

Roast Turkey

Sliced Turkey with Crispy Roast Potatoes, Stuffing and Gravy

Frog In The Hole

Veggie Sausage in a Yorkshire Pudding with Crispy Roast Potatoes and Gravy

Jam Sponge

Steamed Sponge topped with Fruit Jam, Served With Custard

THURSDAY

Chicken Box

Chicken Thigh Brushed with Miquill's Secret House Rub with Homemade Wedges & Charred Corn

Veggie Box

Roasted Vegetables Brushed With Miquill's Secret House Rub with Homemade Wedges & Charred Corn

Marble Sponge

Vanilla And Chocolate Sponges Marbled Together

FRIDAY

Fish Burger

Breaded Fish Burger Served with Crisp Lettuce Mayonnaise, served in a Floured Bun

Mixed Bean Taco

Mixed Beans Fried with Peppers & Sweetcorn in a Rich Tomato Sauce

Oat Cookie

A Marshy Oaty Cookie

Fresh Bread, Yoghurt and Fruit are available daily



DINE

WITH MIQUILL

WEEK TWO

DINE

Non-Meat

DINE

Vegetarian

Dessert
Trif

Sweet Options

MONDAY

Bangers & Mash

Sizzling Sausages
Served with Mashed
Potato & Gravy

Vegetable Wrap

Mild Chili Beans,
Peppers and Onion,
in a Tortilla Wrap

Ice Cream And Fruit

Vanilla Flavoured Ice
Cream with Extra
Fruit

TUESDAY

Katsu Chicken Curry

Marinated Chicken
Thigh Pieces in a
Mild Curry Sauce,
with Rice

Potato And Spinach Curry

Lightly Spiced Potato,
Spinach and Lentil
Curry with Rice

Banana Loaf

Fruity
Banana Bread Cake

WEDNESDAY

Baked Gammon

Baked Gammon
with Crispy Roasties
and Gravy

Quorn Roast

Quorn Roast Coated
in a Sage & Onion
Crumb with Crispy
Roasties And Gravy

Cheese & Crackers Or Fresh Fruit Salad

THURSDAY

Build A Burger

That's Right You Tell
Us What You Want
On Your Burger!
Served with Wedges

Spiced Lentil & Bean Patties

The Tastiest Veggie
Burger Ever.
Served with Wedges

Summer Fruits & Yogurt Crunch

We'll Make The
Tastiest Yogurt and
You Tell Us the
Topping You Want

FRIDAY

Battered Fish

Lightly Battered
White Fish Fillet and
Chips

Bubble & Squeak Cake

Mashed Potato,
Cabbage and Carrot
Patty served with
Baked Beans

Carrot Cake

Homemade with a
Cream Cheese
Frosting.

Fresh Bread, Yoghurt and Fruit are available daily



DINE

WITH MIQUILL

WEEK ONE

DINE

Main Menu

DINE

Vegetarian

Dessert

Sweet Options

MONDAY

Chicken & Sweetcorn Pizza
Cheesy Tomato and Sweetcorn Topped Pizza with Potato Wedges

Crispy Topped Vegetarian Pie
Perfectly Crispy & Packed Full of the Best Fresh Vegetables in the World!

Deconstructed Apple Crumble
Crunchy Crumble Served Separately, Make Your Own Choice

TUESDAY

Lamb Lasagne
The Italian's Favourite Dish and Our Top! Served with Garlic Bread

Tomato Pasta Bake
Wholemeal Pasta with Fresh Basil Tomato Sauce and Cheese with a Garlic Slice and Chef's Salad

Sticky Orange Cake
Zingy Orange Cake

WEDNESDAY

Roast Chicken
Tender Boneless Chicken with New Potatoes and Gravy

Cheddar Quiche
Wholemeal Pastry with Cheese and Onion Filling with New Potatoes

Cheesecake Factory
We Will Let You Build Your Own!

THURSDAY

Wraptastic
Marinated Chicken Wraps and You Get to Make Them! Served with Wedges

Super Wraptastic
The Best Seasonal Veggies, Marinated & Roasted, and You Get to Make Them! Served with Wedges

Cocoa Beetroot Brownie
The Best Brownie You Will Ever Taste. How Do We Do It?

FRIDAY

Fish Fingers
Golden Breadcrumbed Fish Fingers with Chips

Quorn Dippers
Battered Quorn Nuggets, Crispy Chips and Beans

Orange Cookie
Tangy Orange Flavoured Cookie

Fresh Bread, Yoghurt and Fruit are available daily

